



12th Annual World Congress On Anti-Aging Medicine 2004

2004 Chicago Conference Program

Pre-Conference Workshops

Friday August 20, 2004 Hyatt Regency Hotel Chicago Downtown, IL

Pre-Conference Track #1

Anti-Aging Endocrinology, Hormonal and Metabolic Therapy and Metabolic Cardiology

Session Co-Chair: **Ron Rothenberg, M.D.**

Clinical Professor/Course Director

Preventive & Family Medicine, UCSD, School of Medicine

Founder, California HelathSpan Institute, Encinitas, CA

PANEL

Stephen Sinatra, M.D.

Assistant Clinical Professor of Medicine, University of Connecticut School of Medicine, Farmington, CT

David Greene, M.D.

Director of Perinatal Medicine, Northern Inyo Hospital, Bishop, California

Barry Sears, Ph.D.

President, Zone Labs, Inc., Danvers, MA

For Registration

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ATTENDEES

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EXHIBITORS

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9:00am-10:00am	Dr. Rothenberg: The Unified Theory of Wellness and Anti-Aging Medicine: Control of Inflammation
10:00am-11:00am	Dr. Rothenberg: Growth Hormone Replacement Therapy for Normal Aging
11:00am-12:00pm	Dr. Greene: Bio-Identical Estrogens and Progesterone Replacement Therapy
12:00pm-1:00pm	Lunch Break
1:00pm-1:30pm	Dr. Greene: Bio-Identical Estrogens and Progesterone Replacement Therapy
1:30pm-2:30pm	Dr. Rothenberg: Testosterone Replacement in men and Women
2:30pm-3:30pm	Dr. Sinatra: Metabolic Cardiology

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A4M Website



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A4M Medical Advisors



Robert Goldman PhD,
FAASP, DO, FAOSMM
Chairman A4M

3:30pm-4:00pm

Dr. Sears: Omega 3's, Thromboxanes and Leucotrienes:COX and LOX

4:00pm-4:30pm

Dr. Rothenberg: Thyroid Optimization

4:30pm-5:00pm

Q&A and Case Presentation

Pre-Conference Track #2

Obesity Drugs-Surgery and Behavior Modifications

Session Co-Chair: **Denise Brunner, M.D.**

Director, Bariatric Medicine and Family Practice, Arlington, VA

9:15am-12:00pm

Dr. Bruner: Treatment Tools that make a difference

12:00pm-1:00pm

Lunch Break

1:00pm-5:00pm

Dr. Bruner: Treatment Tools that make a difference

Pre-Conference Track #3

BRAIN AGING, ALZHEIMER'S, COGNITION DECLINE, EEG, PET, BRAIN DIAGNOSTIC IMAGING AND NOOTROPICS FOR THE PRIMARY CARE PHYSICIAN

Session Co-Chair: **Eric Braverman M.D.**

Director, Path Medical, New York, NY

PANEL

Vitorrio Calabrese , MD, Ph.D.

Professor of Clinical Biochemistry University of Catania, Italy

9:15am-12:00pm

Dr. Braverman: The Anti-Aging Brain...The Key to Disease Reversal

12:00pm-1:00pm

Lunch Break

1:00pm-2:00pm

Dr. Calabrese: Redox Regulation of Cellular Stress Response in Aging and Neurodegenerative Disorders

2:00pm-5:00pm

Dr. Braverman: The Anti-Aging Brain...The Key to Disease Reversal

Pre-Conference Track #4

HRT/Nutritional-Laboratory Testing, Diagnostics and Monitoring

Session Co-Chair: **Bill Anton, B.Sc.**



Ronald Klatz MD, DO
President A4M

V. Calabrese MD, PhD

E. DeRose MD, PhD

Dato Harnam MD, PhD

Vernon Howard PhD

M. Klentze MD, PhD

Seung Yup Ku MD, PhD

Avni Sali MD, PhD

G. Scapagnini MD, PhD



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Lecturer, Swinburne University Melbourne, Australia

PANEL

Francis Antonawich, Ph.D.,

Research Assistant Professor, Dept of Neurology, SUNY at Stony Brook, NY

Alfred Wolf, MD

Vice President, Society of Sports Medicine of Baden-Wurtemberg, Germany

9:15am-12:00pm	BillAnton: Hormone Replacement Therapy/Nutritional-Laboratory Testing, Diagnostics and Monitoring
12:00pm-1:00pm	Lunch Break
1:00pm-1:30pm	Dr. Antonawich: Effective Regulation of Cell Death in Cancer and Stroke: Palladium Lipoic Compounds
1:00pm-2:00pm	Dr. Wolf: Biological Age Markers
3:00pm-5:00pm	Bill Anton: Hormone Replacement Therapy/Nutritional-Laboratory Testing, Diagnostics and Monitoring

Pre-Conference Track #5

Cosmetic Aesthetic, Laser, Botox, & Soft Tissue Augmentation for In-Office Procedures

Session Co-Chair: **Haneef Alibhai M.D.,**

Medical Director, MD Cosmetic & Laser Clinic, Abbotsford, BC, Canada

PANEL

Lionel Bissoon DO

President of the American Board of Mesotherapy

John E. Hoopman, AAS

Assistant Director Environmental Health and Safety, Clinical Instructor, Administer of Laser Program and Certified Medical Laser Safety Officer, University of Texas Southwestern Medical Center at Dallas, TX

Cheryl Whitman

Owner, Beautiful Forever Aesthetic Consulting

Julio Garcia, MD

8:00am-8:45am	Dr. Alibhai: Introduction to Aesthetic Principles
8:45am-9:45 am	Dr. Alibhai: The use of facial fillers in an Aesthetic Practice
9:45am-10:15am	Dr. Alibhai: The Science of Botulinum Toxin
10:15am-10:30am	Break

10:30am-11:00am	Dr. Alibhai: The Use of Botox for Aesthetic Facial Enhancement in the Upper and Lower Face
11:0am-12:00pm	Dr. Bissoon: Mesotherapy
12:00pm-1:00pm	Lunch Break
1:00pm-2:00pm	John Hoopman: The Role of Lasers in Aesthetic Medicine
2:00pm-2:45pm	Dr. Garcia: Chemical Peels
2:45pm-3:15pm	Cheryl Whitman: Cosmeceutical Choices and Ingredients: Learn how to incorporate skincare into your practice
3:15pm-3:30pm	Break
3:30pm-4:30pm	Cheryl Whitman: Aesthetic Marketing
4:30pm-5:00pm	Q & A

Pre-Conference Track #5 continuation

Cosmetic Aesthetic, Laser, Botox, & Soft Tissue Augmentation for In-Office Procedures

Session Co-Chair: **Ed Lichten, M.D.**,
Clinical Instructor, Wayne State College of Medicine, Detroit, MI

5:00pm-8:00pm	Dr. Lichten: The Cosmetic and Anti-Aging Practice of the 21 st Century
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Pre-Conference Track #6
Sexual Health and healing

Session Co-Chair: **Nick Delgado, Ph.D.**,
President, Ultimate Medical, Costa Mesa, CA

PANEL

John Crisler, DO
President & Founder Allthingsmale, Lansing, MI

9:15am-10:00am	Dr. Delgado: sexual health affects anti aging physiology, Estrogen clearance, Prostate, ED-erectile dysfunction, Androgens, DHT, Testosterone, DHEA deficiency, growth hormone
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10:00am-11:00am	Dr. Delgado: sexual healing, female libido, arousal, orgasm, Male sex, erection medicine, transdermal androgens, herbs
11:00am-11:30am	Dr. Delgado: sexual energy, overcome fatigue: Cortisol, HGH, GHRH, sleep, Insulin, thyroid, natural vs. synthetic
11:30am-12:00pm	Dr. Delgado: Power of Fitness, sexual fitness, 15 minutes plan
12:00pm-1:00pm	Lunch Break
1:00pm-2:00pm	Dr. Crisler: everything a doctor needs to know to properly and best administer testosterone therapy for men. All about injections, HCG, Testosterone, dosage, Transdermal androgens, lab values
2:00pm-2:30pm	Dr. Crisler: Case studies, research on Estrogen metabolism
2:30pm-3:30pm	Dr. Delgado: Female sexual health, proven steps to Orgasm C, P, G spot, Vaginal orgasm, clitoral stimulation, oral sex, Male sex
3:30pm-4:00pm	Dr. Delgado: Power of Mind, goals, values, timeline therapy, build your practice and health with unconscious effort to success
4:00pm-4:20pm	Dr. Delgado: STD-Sexually Transmitted diseases, treatments, AIDS drug and starvation induced? Vibrating condom
4:20pm-4:45pm	Dr. Delgado: Power of diet and influence on sex, healthy heart, penile blood flow. What diet is right for you? Atkins, Sears, Delgado approach. Learn the best system to look and feel great.
4:45pm-5:00pm	Dr. Crisler & Dr. Delgado: Q & A, Evaluations
7:00pm-8:15pm	Exhibit Hall Cocktail welcome session cash bar

Saturday, August 21, 2004

Eye Opener

6:00am	Conference Registration Opens	
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6:30am-7:00am	Eye Opener Session Coffee Station	
7:00am-8:20am	Michael Klentze, M.D., Ph.D. <i>Medical Director, Klentze Institute of Anti-Aging, Munich, Germany</i> <i>Member, A4M Advisory Board-Europe</i>	Overview of the Use of Testosterone Bio-Identical Hormones, HRT, Estrogen, HGH, Progesterone and Biomarkers of Aging

General Session

8:20am-8:30am	Opening Remarks: A4M Welcome and Introduction	
8:30am-8:45am	Dr. Ronald Klatz, M.D., D.O. <i>President, American Academy of Anti-Aging Medicine (A4M)</i> Dr. Robert Goldman, D.O., Ph.D. <i>Chairman, The American Academy of Anti-Aging Medicine (A4M)</i>	This was the Year that was...Top Five Biotechnologies in 2004 Better, Stronger, Faster: from Peak Performance to Human Enhancement & Augmentation: Advances via Biotechnology and Anti-Aging Medicine
9:15am-9:55am	Nick Perricone, M.D., FACN <i>Adjunct Professor of Medicine, Michigan State University, President &CEO, NV Perricone, MD, Ltd., Meriden, CT</i>	The Inflammation-Aging Connection: The Perricone Prescription
10:00am	Exhibit Hall Opens	
10:00-11:00am	Exhibit Hall Break	
11:00am-11:30 am	Stephen Sinatra, M.D. <i>Assistant Clinical Professor of Medicine, University of Connecticut School of Medicine, Farmington, CT</i>	Fire in The Heart. New Development for Detecting, Preventing, and Treating Cardiovascular Disease
11:30am-12:15pm	Ray Kurzweil Ph.D. <i>CEO & Founder of Kurzweil Technology, Wellesley, MA</i>	Three Bridges to Radical Life extension
12:15pm-12:45pm	Steve Feinstein, M.D. <i>Professor of Medicine, Rush University Medical Center, Highland Park, IL</i>	Non-Invasive Surrogate Markers of Atherosclerosis

12:45pm- 1:05pm	David Greene, M.D. <i>Director of Perinatal Medicine, Northern Inyo Hospital, Bishop, California</i>	Bio-Identical Hormone Replacement Strategies for Women in 2004
1:05pm- 1:45pm	Leonid Gavrilov M.S., Ph.D. <i>Research Associate, Center on Aging, NORC and The University of Chicago</i> Natalia Gavrilova M.S., Ph.D. <i>Research Associate, Center on Aging, NORC and The University of Chicago</i>	Reliability Theory of Aging Biodemography of Human Longevity
1:45pm- 3:15pm	Lunch Break	
3:15pm- 4:00pm	Fred Vagnini, M.D., F.A.C.S. <i>Clinical Assistant Professor of Surgery, Cornell University, NY</i>	Cardiovascular Wellness & Longevity Cneters
4:00pm- 4:30pm	Vincent Speckhart, M.D. <i>Biological Conductance, Inc., Virginia Beach, VA</i>	An Electrodermal Analysis of Biological Conductance
4:30pm- 5:00pm	James Wilson, N.D. <i>President, Future Formulations, Inc., Tucson, AZ</i>	Adrenal Fatigue: A significant Factor in Aging and Chronic Illness
5:00pm- 5:20pm	Mark Golden, M.D., FACS <i>Medical Director, Doctors for Visual Freedom, Chicago, IL</i>	Aging Vision Repair and Regeneration
5:15pm- 6:00pm	Exhibit Break	
6:00pm- 6:30pm	Richard Neubauer, M.D. <i>Medical Director, Ocean Hyperbaric Neurologic Center, Lauderdale-by-the sea, FL</i>	Hyperbaric Oxygenation and Anti-Aging
6:30pm- 7:00pm	David Zeiger, D.O. <i>Medical Director, Health works-Integrative Medical Clinic, Chicago, IL</i>	Intervertebral Discal Decompression and the Aging Spine
7:00pm	Conference Registration Closes	
	Eye Opener 1.5 hrs	
	General Session 6.0 hrs	

Daily CME Hours Possible 7.5

Sunday, August 22, 2004

Eye Opener

6:00am	Conference Registration Opens	
6:30am-7:00am	Eye Opener Session Coffee Station	
7:00am-8:20am	Jacob Teitelbaum M.D. <i>Medical Director, Annapolis Center for effective CFS/Fibromyalgia, Annapolis, MD</i>	Effective treatment of Chronic Fatigue Syndrome, MPS, and Fibromyalgia
8:30am-9:15am	David Perlmutter, MD <i>Director, Perlmutter Health Center Naples, FL</i>	The role of inflammation in Neurogenerative Disorders
9:15am-9:45am	Ron Rothenberg, M.D. <i>Clinical Professor/Course Director Preventive & Family Medicine, UCSD, School of Medicine Founder, California HelathSpan Institute, Encinitas, CA</i>	Effect of GH and Testosterone on Quality of Life and Life Expectancy: Is Cancer an Issue
9:45am-10:30am	Barry Sears, Ph.D. <i>President, Zone Labs, Inc., Danvers, MA</i>	Anti-Aging Medicine, or Reduction of Silent Inflammation?
10:00am	Exhibit Hall Opens	
10:30am-11:15am	Denise Bruner, M.D. FASBP <i>Director, Bariatric Medicine and Family Practice, Arlington, VA</i>	Obesity Treatment
11:15am-12:45pm	Lunch Break	
12:45pm-1:15pm	Patrick Quillin, Ph.D., RD, CNS <i>Clinical Nutritionist, Center for Advance Medicine, San Diego, CA</i>	Nutrition & Cancer Treatment and Prevention

1:15pm-2:00pm	Carol Ann Ryser, M.D. <i>Medical Director, Health Centers of America, Kansas City, MO</i>	Chronic Inflammation: Neuropsychiatric Symptoms: PANDAS- Pediatric Autoimmune Neuropsychiatric Associated with Streptococci Infection
2:00pm	Exhibit Hall Closes	
2:00pm-2:30pm	Mitchell Ghen, D.O., Ph.D. <i>Medical Director of Florida Institute of Health, Clearwater, FL</i>	The potential use of Stem Cells as an Anti-Aging Technology
2:30pm-3:00pm	Charles Simone, M.D. <i>Director, Simone Protective Cancer Center, NJ</i>	Clinical Proteomic Patterns for the Detection of Cancer
3:00pm-3:30pm	Al Augustine, ESQ <i>Senior Partner, Augustine, Kern and Levens, Ltd, Chicago, IL</i>	Legal issues in regards to preventive medicine
3:30pm-4:00pm	Michael Breen, M.D. <i>Principal, Dr. Michael Breen Assoc., Winnetka, IL</i>	Marketing your Anti-Aging practice, or How to make people young....and make money too.
4:00pm-5:15pm	Nick Martin, M.D. <i>Lancaster Family Health Center, Kentucky</i>	Mutated Mitochondrial DNA
Daily CME Hours Possible 7.5		

Educational Affiliates



